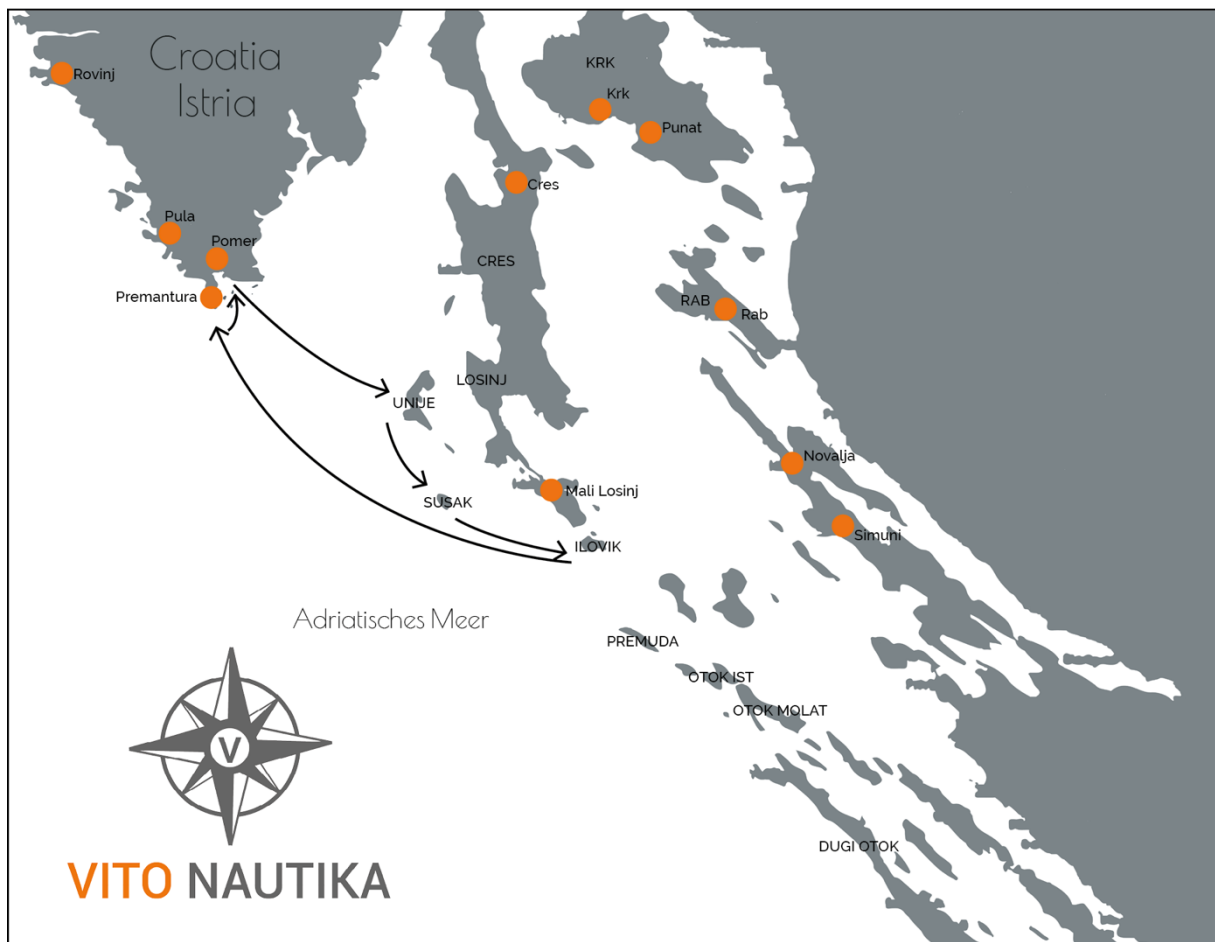


#2 – The Sandy and Flower Tour

Cruise suggestion Kvarner Bay (Pomer, Unije, Susak, Ilovik, Premantura, Pomer)

Ausgangshafen: ACI Marina Pomer

Route 2 (1 week) ca. 76 Nautical Miles



Cruise from Pomer, to Unije and Susak. Via Ilovik, Premantura and back to Pomer.

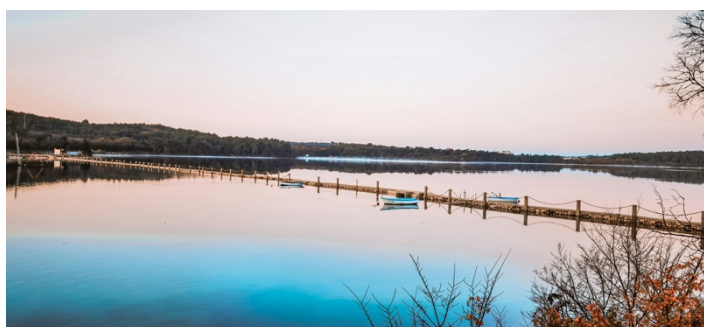


Pomer



Our cruise starts and ends in Pomer. The small fishing village of Pomer is located in a very sheltered part of the bay of Medulin. What used to be a small fishing village is now a picturesque holiday resort with great, quiet pebble and country-style stone beaches and beautiful bays with excellent anchoring grounds. In addition to

bathing, which is popular with all holidaymakers, there are a number of water sports on offer here. Nearby Medulin is the tourist center of Istria in this area, while Pomer is the dreamy counterpart, but Medulin is only a few minutes away. Just in the recent past, more sacral buildings and remains of buildings from the Roman period have been found and uncovered. For example, one can find the remains of thermal baths and villas. The church of St. Flora from the Byzantine period, the cemetery church of St. Fiora and the parish church of the Virgin Mary with a wooden Madonna statue from the 16th century are also definitely worth a detour. A trip to Pula is also worthwhile, here you can visit the amphitheater, the Arena of Pula, with its underground passages from Roman times. Pomer is ideal for sports enthusiasts and nature



lovers. Get to know the nature around the Medulin Bay better with an extensive walk, a hike or a bike tour (for example to Premantura). For water sports enthusiasts, there is the possibility of wind and kite surfing or the wakeboard park. The best way to get to know the diversity of the underwater world is to go diving or snorkeling off Kamenjak. Also explore the surrounding area, a trip around Cape Kamenjak, the beautiful bays and turquoise waters immediately radiate peace and relaxation - or explore the Porer lighthouse at sunset with a great chance to see dolphins as well. In Pomer itself you will find some excellent restaurants offering traditional dishes. Since Pomer is excellent for farming oysters and mussels, you can also get many mussel and fish dishes. Most restaurants serve local wine from Istria or the popular truffles from northern Istria around Motovun.

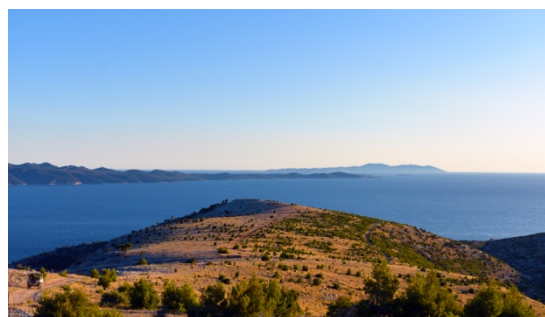


Unije



Unije is a gently hilly island with an area of about 16.8 square kilometres. The island consists of limestone and is covered with the typical macchia. In the east there are some deeply cut bays. The limestones date back to the Cretaceous period.

The island's only settlement of the same name is Unije. It is in a bay on the west coast and has about 50 inhabitants and some holidaymakers in summer. The inhabitants live primarily from tourism and fishing. However, there are also some restaurants, a shop, and a bakery. Agriculture serves the inhabitants mainly for their own needs. The island is completely car-free, so getting around is only possible on foot or by bicycle. On the island itself, you will find the remains of Roman villas, and archaeological finds also confirm the long history of the island of Unije and that it has been populated for a long time. Underwater divers also come across finds from bygone times again and again. Those travelling with yachts are advised to head for the western side with the bay of Maračol, as the sea is deepest there. Unije is perfect for a little relaxation, for slowing down. There is a direct footpath from the bay to the village. The small town invites you to take a walk through the alleys, but the rest of the island's landscape is also perfect for hiking.





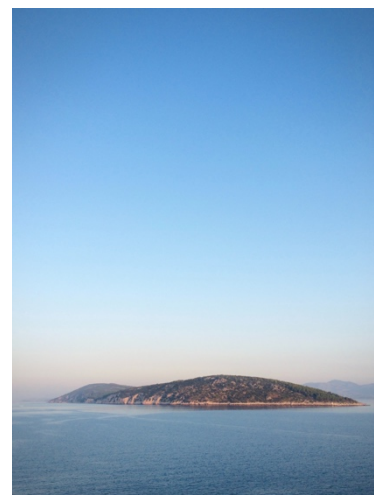
Susak



Susak is in the southwest of Losinj in the Kvarner Bay. It is a pure sand island, and its beautiful beaches almost give you a Caribbean feeling. The island's hills are home to grapevines, blackberries, olives, figs and many other different types of plants. Susak has just 200 inhabitants who live on the car-free island. They make their living mainly from agriculture, fishing and, of course, tourism. If you want to

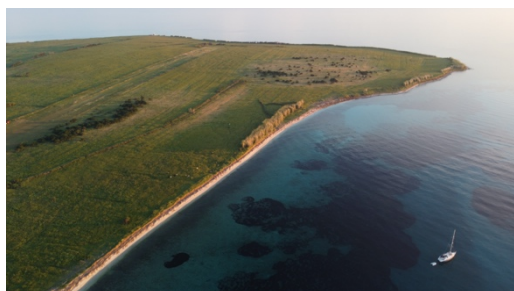
escape mass tourism, this is the right place for you, because the inhabitants still live very traditionally, everything is very original, almost a bit sleepy.

The 11th century church of Sveti Nikola and the lighthouse on the Garba peak are worth seeing. The latter is perfect for a romantic walk or as a stopover for a complete island hike. There are some ancient shipwrecks off the coast, which should be of particular interest to those interested in diving and snorkelling. Susak is worth a detour on the way to Mali Losinj, or you can visit Mali Losinj and take a day trip from there to the decelerating island in the Adriatic Sea. You will also find several restaurants on Susak, they will spoil you with culinary delights. Locals on site can recommend one of the restaurants for lunch or dinner. A supermarket and a small bakery also offer the possibility for a meal in between.





Ilovik



Ilovik, also known as the Island of Flowers, because of the island's lush vegetation. Today, about 170 inhabitants live in the town of the same name. They live from winegrowing, fishing, sheep breeding and, like many of the Croatian islands, from tourism.

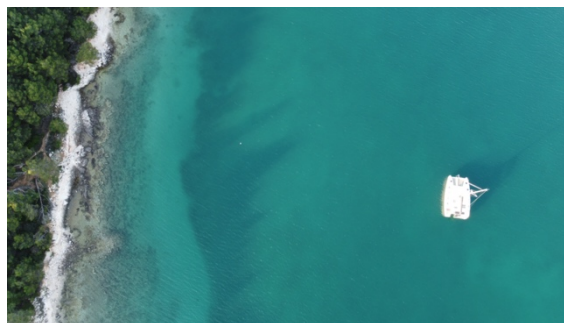
The town lies in a small bay, sheltered by the northern side of the uninhabited island of Sv. Petar. The coast with endless sandy beaches is easily accessible from everywhere and the largest bay with a beautiful sandy beach is Parzine, located on the south-eastern side of the island. Remains of ancient buildings can also be found on Ilovik, and the island has a long history of population behind it.

The waters around Ilovik are naturally protected from all winds (except the scirocco) and can provide a safe anchorage for all boats.

The underwater world around Ilovik also

has much to offer and there is an underwater archaeological site nearby.

In town there is a grocery shop, bakery, pastry shop and several restaurants. Take a walk through the town or a pleasant hike through the evergreen vegetation of the Mediterranean Sea.



Premantura



The idyllic holiday resort is located on the Kamenjak peninsula. Surrounded by lush greenery, it is one of the most popular and beautiful holiday resorts for those seeking relaxation and swimming. A variety of fish and seafood can be found off the coast,

which is no longer common. In Premantura you will find some very good restaurants and traditional konobas (visit the legendary Safari Bar here). Here you will find some traditional dishes and a wide variety of fish delicacies.

This place is also very popular among nautical enthusiasts, also a surfing festival is held every year in November. The small town offers some beautiful beaches and bathing bays, which you should not miss.

The church of St. Lawrence in the centre of town is worth seeing. But traces of the past can also be found here. Numerous dinosaur bones have been found near the former fishing village. You can visit footprints of the giants on a signposted area via hiking trails. Because of its interesting natural landscape, Cape Kamenjak is often visited by active holidaymakers. It is suitable for diving, windsurfing, and kayaking, but also lends itself to cycling tours and hikes.





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POTREBNA DOKUMENTACIJA PRI PLOVIDBI
Brevje plovidbe
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BRANIKOVANI BREVJE
Brevje plovidbe mora biti sa sobom
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SPEED LIMITS
All vessels shall be required to comply with the following speed limits:
• 13 knots in the inner zone of a port or anchorage
• 10 knots in the outer zone of a port or anchorage
• 7 knots in the zone of a port or anchorage

ATTENTION
Yachts and boats must keep at least 100 m clear of the buoy (or other navigational aid) at all times.

PREPARATION
Preparations must be made in advance of departure.
• Check the weather forecast
• Check the tide and current
• Check the depth of the water
• Check the position of the buoy (or other navigational aid)

COASTLINE
Observe the coastline carefully and do not approach the shore too closely.
• Do not approach the shore too closely
• Do not approach the shore too closely
• Do not approach the shore too closely

COMING AT HIGH SPEED
Reduce speed and prepare to stop in advance.
• Reduce speed and prepare to stop in advance
• Reduce speed and prepare to stop in advance
• Reduce speed and prepare to stop in advance

WINDWAVE IN PORTS
Reduce speed and prepare to stop in advance.
• Reduce speed and prepare to stop in advance
• Reduce speed and prepare to stop in advance
• Reduce speed and prepare to stop in advance

CAUTIONS
Observe the coastline carefully and do not approach the shore too closely.
• Do not approach the shore too closely
• Do not approach the shore too closely
• Do not approach the shore too closely

DUAL ENERGY
These yachts must comply with the following requirements:
• These yachts must comply with the following requirements
• These yachts must comply with the following requirements
• These yachts must comply with the following requirements

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Yachtinger Safety / Navigation Instructions

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This is only one possible cruise proposal. The Adriatic Sea with its wonderful variety of islands offers a wonderful choice of cruising possibilities and (bathing) stops. Please adapt your individual route to the local wind and weather conditions and your sailing experience.

For hiking, biking, rental equipment like SUP's, diving and snorkeling equipment please contact us directly on site. We are happy to provide equipment. Please contact us if you have any questions or suggestions about the tours or if you need further tips for your perfect sailing vacation. We will be happy to advise you and are available by mail, phone or best of all in person.

Please pay attention to all safety precautions, weather information, opening hours of the excursion destinations and moorings and specifications in the marinas. Please always dispose of garbage in the garbage cans and unloading stations in the marinas! Save the Ocean!

All information without guarantee. Errors and omissions excepted.

Have fun and enjoy your trip

Your team from Vito Nautika

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