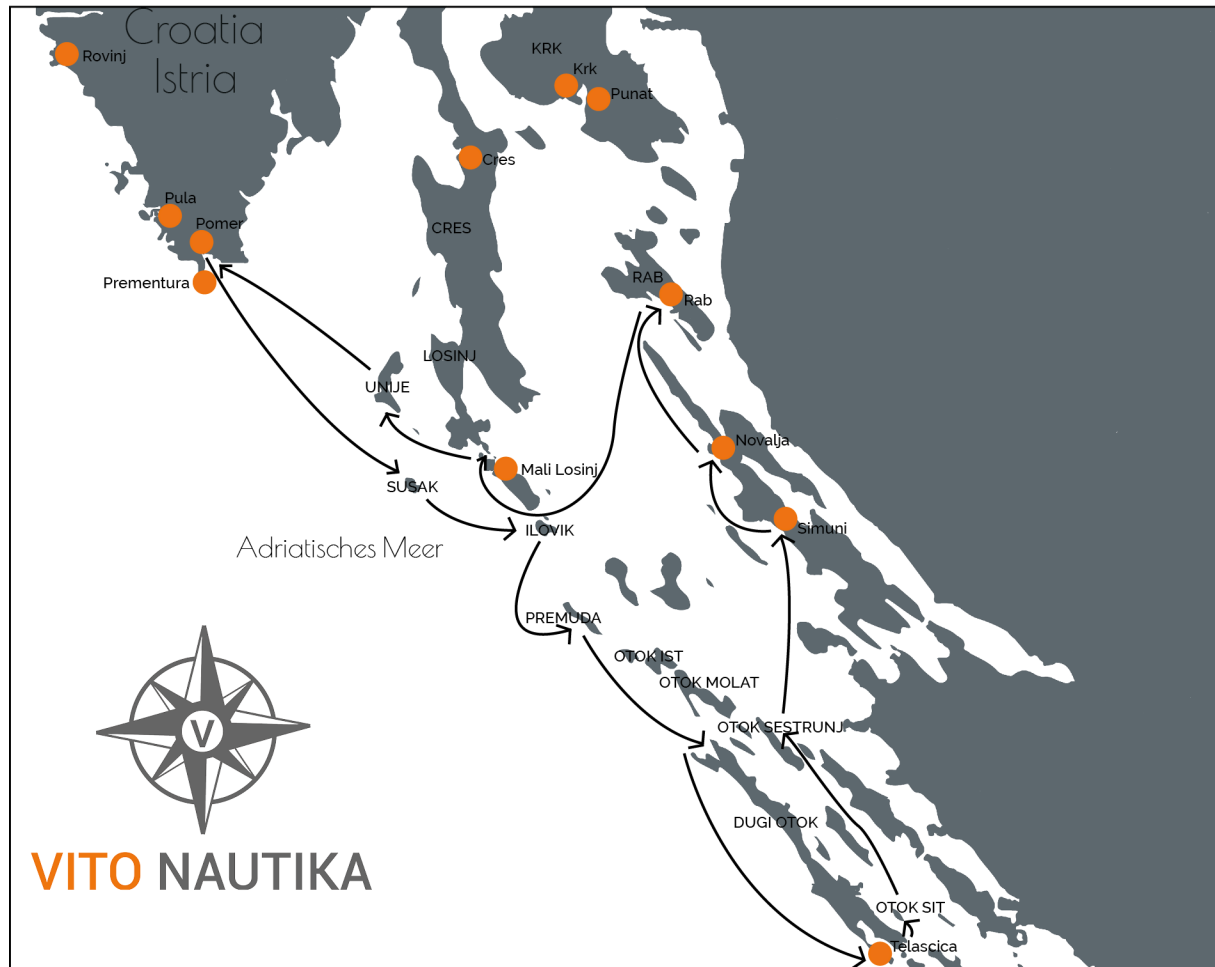


## #14 – 14 days of Croatian Beauty

Cruise suggestion Kvarner Bay (Pomer, Susak, Ilovik, Premuda, Dugi Otok, Telascica, Otok Sit, Otok Sestrunj, Simuni, Novalja, Rab, Mali Losinj, Unije, Pomer)

Port of departure: ACI Marina Pomer

Route 8 (14 days) ca. 230 SM





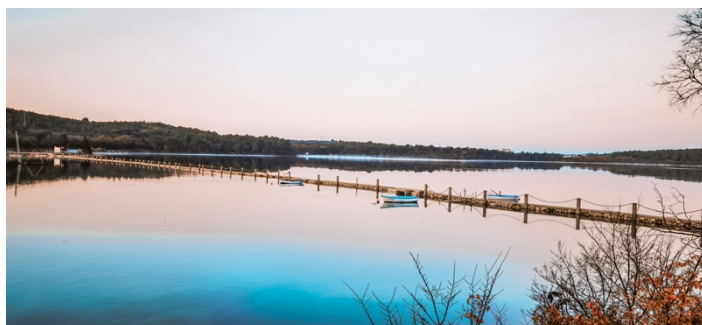
## Pomer



Our cruise starts and ends in Pomer. The small fishing village of Pomer is located in a very sheltered part of the bay of Medulin. What used to be a small fishing village is now a picturesque holiday resort with great, quiet pebble and country-style stone beaches and beautiful bays with excellent anchoring grounds. In addition to

bathing, which is popular with all holidaymakers, there are a number of water sports on offer here. Nearby Medulin is the tourist center of Istria in this area, while Pomer is the dreamy counterpart, but Medulin is only a few minutes away. Just in the recent past, more sacral buildings and remains of buildings from the Roman period have been found and uncovered. For example, one can find the remains of thermal baths and villas. The church of St. Flora from the Byzantine period, the cemetery church of St. Fiora and the parish church of the Virgin Mary with a wooden Madonna statue from the 16th century are also

definitely worth a detour. A trip to Pula is also worthwhile, here you can visit the amphitheater, the Arena of Pula, with its underground passages from Roman times. Pomer is ideal for sports enthusiasts and nature



lovers. Get to know the nature around the Medulin Bay better with an extensive walk, a hike or a bike tour (for example to Premantura). For water sports enthusiasts, there is the possibility of wind and kite surfing or the wakeboard park. The best way to get to know the diversity of the underwater world is to go diving or snorkeling off Kamenjak. Also explore the surrounding area, a trip around Cape Kamenjak, the beautiful bays and turquoise waters immediately radiate peace and relaxation - or explore the Porer lighthouse at sunset with a great chance to see dolphins as well. In Pomer itself you will find some excellent restaurants offering traditional dishes. Since Pomer is excellent for farming oysters and mussels, you can also get many mussel and fish dishes. Most restaurants serve local wine from Istria or the popular truffles from northern Istria around Motovun.



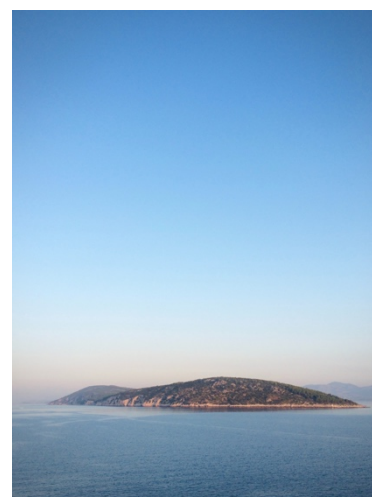
## Susak



Susak is in the southwest of Losinj in the Kvarner Bay. It is a pure sand island, and its beautiful beaches almost give you a Caribbean feeling. The island's hills are home to grapevines, blackberries, olives, figs and many other different types of plants. Susak has just 200 inhabitants who live on the car-free island. They make their living mainly from agriculture, fishing and, of course, tourism. If you want to

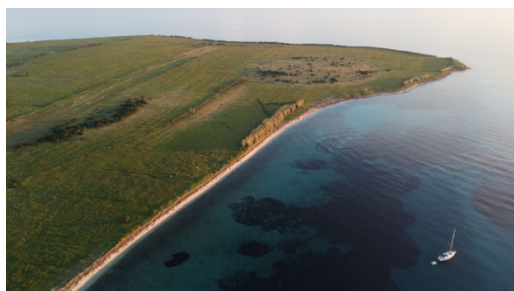
escape mass tourism, this is the right place for you, because the inhabitants still live very traditionally, everything is very original, almost a bit sleepy.

The 11th century church of Sveti Nikola and the lighthouse on the Garba peak are worth seeing. The latter is perfect for a romantic walk or as a stopover for a complete island hike. There are some ancient shipwrecks off the coast, which should be of particular interest to those interested in diving and snorkelling. Susak is worth a detour on the way to Mali Losinj, or you can visit Mali Losinj and take a day trip from there to the decelerating island in the Adriatic Sea. You will also find several restaurants on Susak, they will spoil you with culinary delights. Locals on site can recommend one of the restaurants for lunch or dinner. A supermarket and a small bakery also offer the possibility for a meal in between.





## Ilovik



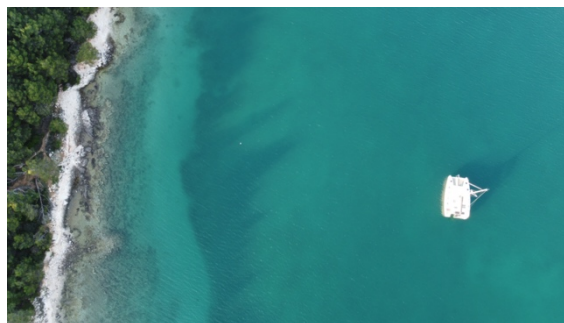
Ilovik, also known as the Island of Flowers, because of the island's lush vegetation. Today, about 170 inhabitants live in the town of the same name. They live from winegrowing, fishing, sheep breeding and, like many of the Croatian islands, from tourism.

The town lies in a small bay, sheltered by the northern side of the uninhabited island of Sv. Petar. The coast with endless sandy beaches is easily accessible from everywhere and the largest bay with a beautiful sandy beach is Parzine, located on the south-eastern side of the island. Remains of ancient buildings can also be found on Ilovik, and the island has a long history of population behind it.

The waters around Ilovik are naturally protected from all winds (except the scirocco) and can provide a safe anchorage for all boats.

The underwater world around Ilovik also has much to offer and there is an underwater archaeological site nearby.

In town there is a grocery shop, bakery, pastry shop and several restaurants. Take a walk through the town or a pleasant hike through the evergreen vegetation of the Mediterranean Sea.



## Premuda



The unique village of Premuda on the island of the same name is a must on a tour of the Croatian islands. Its landscape is adorned with holm oaks, low vegetation, and olive trees. Premuda has two harbours and a newer ferry port. On Premuda you can spend the tour far away from all the stress and far away from your everyday life.

The island is surrounded by crystal blue sea. You will find an anchorage in the bay of Krijal, and the large buoy field off Premuda is a safe mooring. The inhabitants of Premuda are engaged in sheep breeding and the cultivation of wine and olives. Like most of the islands in the Kvarner Bay, Premuda has a long history. It was occupied during the Second World War and served as an important camp for the Croatian army. Several ships were sunk off the island. The Szent István shipwreck can still be visited today during dives. However, a special permit is required for this, and you should be an experienced diver. In the small town you will find two restaurants directly at the harbour - you should make a reservation here during the high season and be sure to enjoy the legendary sunset with a drink when the fiery red ball of sunlight sinks into the sea.



Inside the town there is also a small supermarket with the most important things for daily life (note opening hours!).



## Dugi Otok

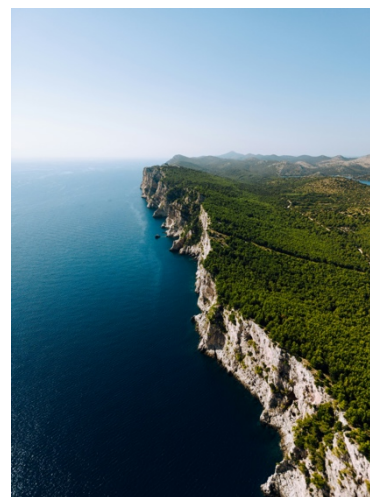


Dugi Otok is certainly one of the most beautiful islands of the Adriatic coast. Here you can find everything from rocky cliffs to sandy beaches. Moreover, it is the longest of the Croatian islands and worth a visit. A highlight for many people is the white sand on Sakarun beach. In general, the island invites you to relax and unwind with its breathtaking beaches. The 12 small villages on the island are in small bays

and are connected by a single road. In each village you will find small restaurants - which will spoil you with Croatian cuisine -, cafes and stores to buy things for daily needs or souvenirs. A highlight on the island and definitely worth seeing is the nature park Telascica, this belongs to the village Sali and also inspires with its high cliffs and a Salt Lake.

Also, by the stalactite cave Strasna Pec is worth seeing and if they have the opportunity, they should participate in a guided tour of the island.

Divers and snorkelers will not miss out here either. You can visit the shipwreck Michele off Dugi Otok or the underwater cave Bribinjsica and be enchanted by the incredible underwater world.





## Telašćica



The Telašćica nature reserve is located on the south-eastern coast of the island of Dugi Otok in Croatia and covers an area of around 70 square kilometers. This unique area is characterized by its impressive landscape, biodiversity and cultural significance.

The vegetation in Telašćica is diverse and includes Mediterranean plants, pine forests and rare species that thrive in the rocky cliffs. The fauna is also rich, with various seabirds, including gulls and cormorants, inhabiting the coast. The waters around the reserve are habitat to a variety of fish species, making it an ideal place for sea lovers and divers. The Telašćica Nature Reserve plays an important role in protecting the natural environment and preserving biodiversity in the

region. It offers visitors the opportunity to experience untouched nature while becoming more conscious environmental citizens. Preserving this jewel of nature is crucial to preserving the treasures of the Croatian coast for future generations.

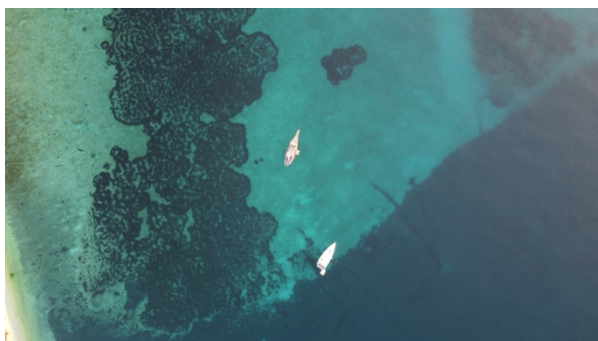
The area is perfect for hiking along the coast and a hike to the famous salt lake should definitely be on the daily agenda for this destination.





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## Otok Sit



Sit is an uninhabited island off the coast of Croatia, which belongs to the Kornati archipelago. The elongated and hilly island is only sparsely overgrown. A stop here is particularly worthwhile for a wonderful day of swimming in the turquoise waters.





## Otok Sestrunj



The island of Sestrunj is an idyllic pearl in the Croatian Adriatic, nestled in the enchanting region of Zadar. With an area of around 5 square kilometers, it offers a peaceful oasis away from the hustle and bustle of the mainland. The island is part of the Zadar archipelago and is characterized by its natural beauty, crystal clear waters and charming villages.

Hikes through the untouched nature offer breathtaking views of the sea and the surrounding islands. The biodiversity of the flora and fauna on Sestrunj makes it a unique retreat for nature lovers.

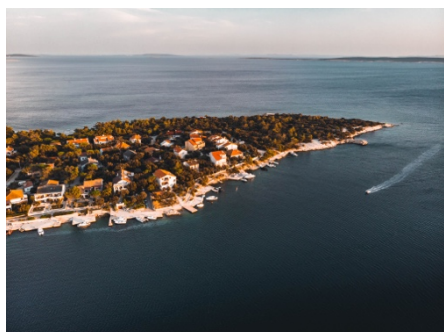
Overall, the island of Otok Sestrunj offers a harmonious blend of untouched nature, traditional island life and relaxation. It is the ideal place for travelers who want to experience the beauty of the Croatian islands in their purest form.

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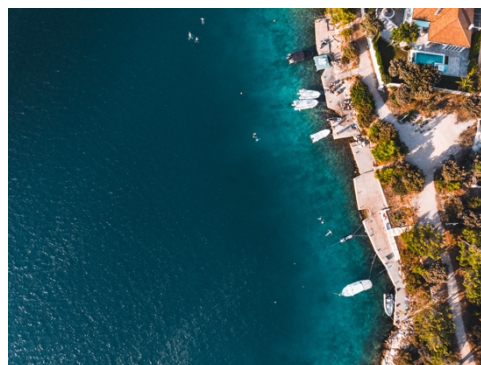
## Simuni



The small fishing village is located on the southwest coast of the island of Pag. The village has around 165 inhabitants and, in contrast to nearby Novalja, it is rather quieter here. Here, holidaymakers are offered a quiet, idyllic atmosphere in which to relax and unwind. For all water lovers, there is a long beach to the southwest of the village, where pine trees provide natural shade. Near the lighthouse, the

underwater world is particularly interesting for divers and snorkelers, as the area becomes rather rocky there. There are also numerous leisure activities on offer at neighboring beaches.

For the hunger in the evening or in between, there are several restaurants to choose from, all serving traditional dishes, excellent wines, and partly international dishes, but you should not miss out on the fresh fish. Let the evening end comfortably with a glass of wine. Nautical enthusiasts can moor up at the local ACI and take advantage of the town's good infrastructure to go on day trips or similar. Simuni is also particularly suitable for families with children and has something to offer for everyone.





## Novalja



The once small fishing village of Novalja has become a more than popular holiday resort over time. All around you will find beautiful beaches, heavenly bays, and turquoise waters. One of the most popular beaches is the sandy beach Planjka Trincel, it attracts many visitors and invites them to cool off in the water or to sunbathe. Young people are often drawn to the party beach Zrce, where

clubs, discos and a wide range of entertainment and leisure facilities are lined up.

For those who prefer a more relaxed end to the evening, a selection of restaurants, konobas and tavernas invite you to a cosy dinner on the waterfront. The square Trg. Bazilike is lined with café and cocktail bars.

For an after-dinner stroll, the romantic, long waterfront promenade is inviting. The history of the island of Pag dates to Roman times, as evidenced by the aqueduct and several ruins, as well as sites on land and underwater, which can also be visited by divers.

The entrance to the aqueduct can be seen in the town museum, and various buildings from earlier times are spread throughout the town, some of which can also be visited.

Here, too, there is plenty of entertainment and leisure activities. The harbour offers beautiful moorings directly on the shore promenade. There are numerous beautiful diving spots around Novalja and the island of Pag, which are worth a trip to the underwater world. On some beaches it is possible to rent kayaks or take part in kayak tours. This way you can discover the most beautiful places around Novalja. For cyclists, hikers and climbing enthusiasts, this place also has a lot to offer.





## Rab

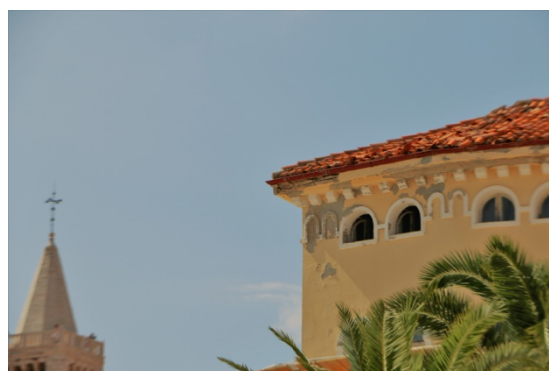


With about 2,500 hours of sunshine per year, the island of Rab is one of the sunniest parts of Europe. The eponymous town of Rab looks back on a long and eventful past that reaches back to pre-Roman times. The silhouette of the town is also unique, its unmistakable landmark, the four bell towers, already hinting at its history. The old

town is situated on a kind of peninsula between the bell towers. There are small shops and souvenir shops on every corner, and there are also numerous restaurants for culinary indulgence. For all bathing holidaymakers, there are numerous sandy and pebble beaches, beautiful bays, and crystal-clear water in and around Rab. Thanks to the mild climate and lush vegetation, it is very easy to endure here, and you will quickly fall under its enchanting spell.

On a walk through the old town, you could see most of the historic buildings. Here the Prince's Palace, the monastery church of SV. Andrije and

the Romanesque bell tower - from which you can enjoy the magnificent view over the entire old town. Likewise, Rab offers the 7th century St. John the Evangelist Church & Monastery. You can still admire



the beautiful, well-preserved floor mosaic and then look at the ruins of the former Benedictine monastery. The Komrcar Park with the historic Galjarda Fortress is particularly suitable for walks. The city park also invites you to take a long walk among green plants. For active holidaymakers, there is also a lot on offer here. Of course, the snorkelling and diving spots are also unique, especially from the boat, and there are also several hiking and cycling tours to discover on land across the entire island.



## Mali Losinj



Mali Losinj is situated in the protected Augustus Bay, in the middle of the island of Losinj. In the 19th century, the town was one of the most important trading and maritime centres because of its location. Mali means "small" in Croatian; a little to the south-east is Veli Losinj (the former "big"), which is well worth seeing. Due to its location, however, the towns have developed in such a way that Mali Losinj is now much larger.

Mali Losinj has developed into one of the most popular holiday resorts in the Kvarner Bay. Life in Mali Losinj takes place around the large harbour basin. There you will find many restaurants, cafés, bars and typical local konobas. In the side streets there is much less hustle and bustle - here you will find a few small boutiques, souvenir shops and shops that invite you to shop. Worth seeing here are the sacred buildings and the Apoksiomen, a statue found at the bottom of the sea in 1999. It is more than two thousand years old and shows the Greek athlete, of whom there are only seven similar statues.

Also worth seeing is the church of St. Martin, where you can find out a lot about the history of the island. For hikers and walkers, the aromatic garden of Losinj is suitable, here you can find all the medicinal herbs that are native to Losinj. The Ciklat forest park is also perfect for this. The latter offers a great variety of flora and fauna and is a very well-



functioning ecosystem and nature park. Beautiful hiking and walking trails run through the entire park and there is plenty for young and old to discover in the 236-hectare park. Adjacent to the park is Ciklat Bay, which invites you to stop for a swim in the deep blue waters. If you would like to do something a little more unusual, there is also the possibility of taking scenic and panoramic flights from the small airport on Losinj to get to know the islands of the Bay of Kvarna from above.



## Unije



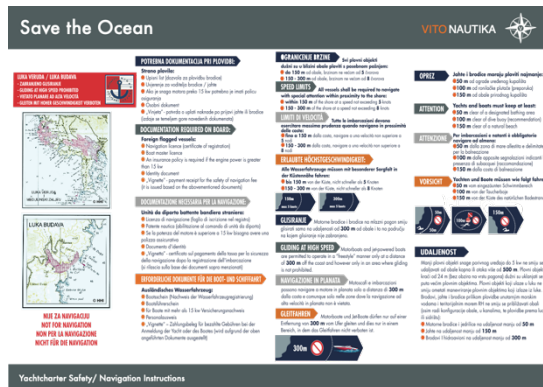
Unije is a gently hilly island with an area of about 16.8 square kilometres. The island consists of limestone and is covered with the typical macchia. In the east there are some deeply cut bays. The limestones date back to the Cretaceous period.

The island's only settlement of the same name is Unije. It is in a bay on the west coast and has about 50 inhabitants and some holidaymakers in summer. The inhabitants live primarily from tourism and fishing. However, there are also some restaurants, a shop, and a bakery. Agriculture serves the inhabitants mainly for their own needs. The island is completely car-free, so getting around is only possible on foot or by bicycle. On the island itself, you will find the remains of Roman villas, and archaeological finds also confirm the long history of the island of Unije and that it has been populated for a long time. Underwater divers also come across finds from bygone times again and again. Those travelling with yachts are advised to head for the western side with the bay of Maračol, as the sea is deepest there. Unije is perfect for a little relaxation, for slowing down. There is a direct footpath from the bay to the village. The small town invites you to take a walk through the alleys, but the rest of the island's landscape is also perfect for hiking.





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This is only one possible cruise proposal. The Adriatic Sea with its wonderful variety of islands offers a wonderful choice of cruising possibilities and (bathing) stops. Please adapt your individual route to the local wind and weather conditions and your sailing experience.

For hiking, biking, rental equipment like SUP's, diving and snorkeling equipment please contact us directly on site. We are happy to provide equipment. Please contact us if you have any questions or suggestions about the tours or if you need further tips for your perfect sailing vacation. We will be happy to advise you and are available by mail, by phone or best of all in person.

Please pay attention to all safety precautions, weather information, opening hours of the excursion destinations and moorings and specifications in the marinas. Please always dispose of garbage in the garbage cans and unloading stations in the marinas! Save the Ocean!

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Have fun and enjoy your trip

Your team from Vito Nautika

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